



CLARIWELL

# STROKEX®

DIETARY SUPPLEMENT

Products based on nature and science  
for easy and sustainable everyday life



# STROKEX<sup>®</sup>

**improves blood circulation, promotes vascular health, promotes metabolism, stimulates brain activity, helps preserve memory processes, reduces the risk of cardiovascular diseases.**

**Ingredients:** gotu kola (*Centella asiatica L.*), folic acid (vitamin B9) and citicoline (including choline).

**Target audience:** Adults with

- harmful habits (smoking, unhealthy diet, inactivity);
- high homocysteine and cholesterol levels;
- blood circulation disorders;
- cerebral thrombosis risk; • coronary thrombosis risk; • excess weight.

**Take** 1 capsule 2 times a day during meals.

The package contains 84 capsules (full course). It is recommended to use for 6 weeks.

**The daily dose** (2 capsules) contains:

- citicoline – 500 mg, including choline – 102 mg;
- gotu kola (plant extract) – 74.8 mg;
- folic acid (vitamin B9) – 998 mcg.

Product contains substances of natural origin only.

The capsule shell does not contain gelatine of animal origin.



NO ARTIFICIAL  
COLORS



NO  
PRESERVATIVES



GMO  
FREE



LACTOSE  
FREE



GLUTEN  
FREE



VEGAN  
FRIENDLY

**DO NOT USE A FOOD SUPPLEMENT TO REPLACE COMPLETE AND BALANCED NUTRITION!**

Food supplement intended for adults. Do not use this food supplement if you are pregnant, breastfeeding or have hypersensitivity (allergy) to any of the ingredients. If you are taking any medication or are under the supervision of a physician, consult your physician or pharmacist before taking a food supplement.

**The product is manufactured in Latvia in accordance with the quality and safety requirements of the European Union.**

# GOTU KOLA

Gotu kola extract is selected with a high concentration of the plant, the daily dose whereof is equivalent to 74.8 mg of crude medicinal plant. Gotu kola is able to protect neurons from damage at the cellular level. When using gotu kola, it is possible to slow down the processes of vascular and cellular degeneration, which can lead to the development of serious diseases (for example, cerebral thrombosis, cardiovascular diseases, Alzheimer's disease, etc.). The most important active substances of the plant are flavonoids and triterpenes. Flavonoids show proven positive effects, with the following being the most important:

- improvement of endothelial functions,
- reduction of insulin resistance,
- lowering of blood pressure,
- reduction of platelet aggregation,
- reduction of low-density lipoprotein cholesterol oxidation in patients with high cardiovascular risk.

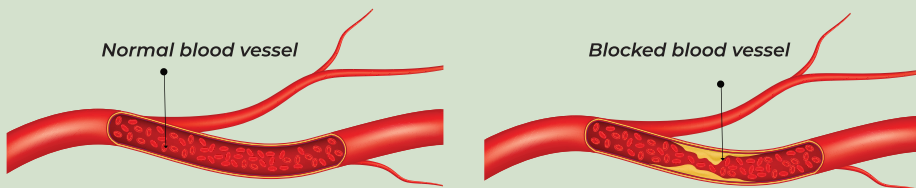
The plant's anti-inflammatory, healing - promoting and cardiovascular system-strengthening properties are also mentioned in Assessment Report of the European Medicines Agency on gotu kola (EMA/HMPC/291177/2009).



# CITICOLINE

promotes the restoration of damaged membranes of brain nerve cells, inhibits the activity of phospholipase, preventing the excessive formation of free radicals, and also prevents cell death by affecting the mechanisms of apoptosis. Choline, which is part of citicoline, helps normalise homocysteine levels. This is important because elevated homocysteine levels can cause severe damage to the inner layer of blood vessels (the endothelium) and seriously damage low-density lipoprotein cholesterol. This results in the oxidation process and the generation of free radicals, which in turn contribute to coronary artery disease. An increased level of homocysteine increases the risk not only of cardiovascular diseases (myocardial infarction, cerebral thrombosis, etc.), but also of peripheral vascular diseases. An increased level of homocysteine negatively affects veins, capillaries and arteries, causing pathologies of the nervous system, reproductive system, sensory organs (vision dysfunction, hearing dysfunction), endocrine system (diabetes), bone structure and skeleton (autoimmune rheumatic diseases, osteoporosis).

Citicoline promotes greater synthesis of phosphatidylcholine and antioxidants, is able to reduce cholesterol oxidation and thus blood vessel clogging. Choline contributes to normal homocysteine and lipid metabolism.

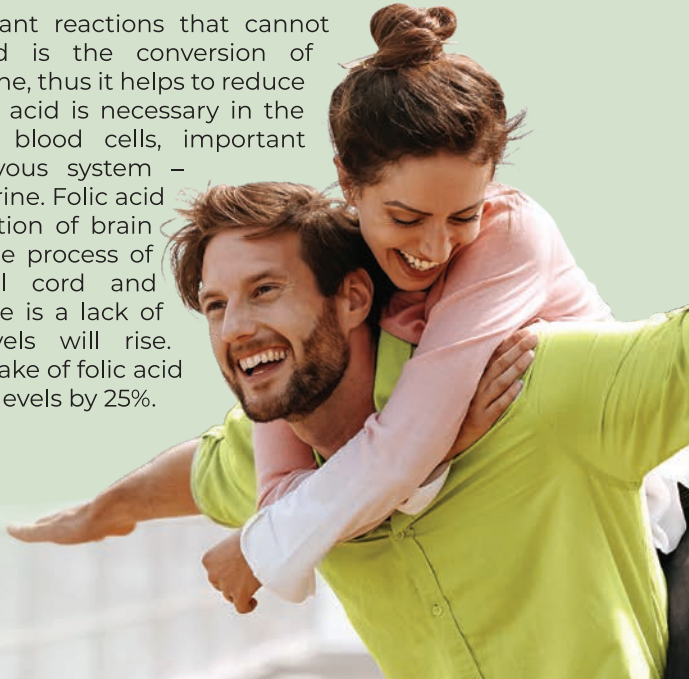


# FOLIC ACID

or vitamin B9:

- reduces the feeling of fatigue and exhaustion;
- ensures the process of correct cell division;
- promotes normal amino acid synthesis, blood formation and psychological condition;
- ensures homocysteine metabolism and promotes the functioning of the immune system.

One of the most important reactions that cannot occur without folic acid is the conversion of homocysteine to methionine, thus it helps to reduce homocysteine levels. Folic acid is necessary in the process of forming red blood cells, important components of the nervous system – serotonin and norepinephrine. Folic acid participates in the regulation of brain functions, as well as in the process of formation of the spinal cord and cerebrospinal fluid. If there is a lack of folate, homocysteine levels will rise. Studies show that daily intake of folic acid can reduce homocysteine levels by 25%.



**FOOD SUPPLEMENT DOES NOT REPLACE A COMPLETE AND BALANCED DIET!**



## CLARIWELL

**CLARIWELL** team chooses the raw materials of the product with the utmost responsibility. They have high bioavailability and efficiency. Vitamins and minerals of natural origin are used. Active substances of plant origin have been selected, taking into account their purity, form and standardisation, in order to provide the customers with the highest quality and the best possible solution.

### CONTACTS:

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