



CLARIWELL

# DEPREKLER<sup>®</sup>

DIETARY SUPPLEMENT

Products based on nature and science  
for easy and sustainable everyday life



# DEPREKLER®

**an effective solution for depressive, depressed conditions and for the promotion of cognitive functions.**

**Composition:** GABA (gamma-aminobutyric acid), saffron crocus (*Crocus Sativus L.*), zinc and selenium.

**Audience:** adults with symptoms of depression, sadness.

**Take** 1 capsule 2 times a day during meals.

The package contains 84 capsules (full course). It is recommended to use for 6 weeks.

**The recommended daily dose** (2 capsules) contains:

- GABA – 500 mg;
- saffron crocus flower extract – 30 mg;
- zinc – 25 mg;
- selenium – 80 µg.

Product contains substances of natural origin only.

The capsule shell does not contain gelatine of animal origin.



**DO NOT USE A FOOD SUPPLEMENT TO REPLACE COMPLETE AND BALANCED NUTRITION!**

Food supplement intended for adults. Do not use this food supplement if you are pregnant, breastfeeding or have hypersensitivity (allergy) to any of the ingredients. If you are taking any medication or are under the supervision of a physician, consult your physician or pharmacist before taking a food supplement.

**The product is manufactured in Latvia in accordance with the quality and safety requirements of the European Union.**

## GABA

or gamma-amino acid is one of the most important components of blood and brain structure; it participates in brain blood supply, energy and oxygen exchange processes in tissues. GABA's main role in the body is to reduce the activity of neurons in the brain and central nervous system, which, according to clinical studies, has a variety of effects on both the body and the mind, including promoting relaxation, balanced mood, reducing stress and pain. A lack of gamma-aminobutyric acid in the body can cause a series of pathological processes: depression, anxiety, muscle cramps, cerebral vascular pathologies, hypertension, atherosclerosis, headaches, as well as sleep, memory and attention disorders. GABA is used as a natural treatment for these disorders.

## SAFFRON CROCUS

Saffron crocus flower extract has antidepressant properties that have been proven in clinical trials. Regular use of saffron crocus improves the condition of the nervous system and strengthens the brain, helps with depressive states and in the case of persistent sadness.



# ZINC



participates in ensuring the normal life processes of the body. A sufficient amount of zinc ensures a stable interaction of the neurons in the brain, which makes the human psyche stable.

Zinc plays an important role in the correct processes of cell division; it helps to ensure a stable metabolism of macronutrients, and also contributes to the normal:

- acid and base metabolism;
- carbohydrate metabolism;
- cognitive functions and normal DNA synthesis;
- functioning of the immune system.

The mineral helps to get rid of fatigue and improves work capacity, as well as contributes to the protection of cells from oxidative stress.

Zinc in **DEPREKLER** food supplement is provided in the form of organic minerals – amino acid chelates, which the body can easily assimilate and use. Studies show that compared to other forms of zinc, such as zinc oxide, amino acid chelates are 24% better absorbed and 21% better retained in tissues.



**FOOD SUPPLEMENT DOES NOT REPLACE A COMPLETE AND BALANCED DIET!**

# SELENIUM



promotes normal functioning of the immune system and cell protection against oxidative stress.

Our body needs selenium to fight the effects of damaging free radicals and infectious diseases. It is no less useful for the brain, where it contributes to sufficient oxygen supply to the brain. Selenium reduces inflammatory processes in cells and the risk of cell damage. Effectiveness of selenium in fighting depression and anxiety has been confirmed in many studies.

Selenium in **DEPREKLER** is provided in the form of selenium yeast. During its cultivation process, this yeast is able to accumulate and incorporate selenium into the protein structure, which improves the antioxidant properties that reduce the body's oxidative stress. Selenium yeast is the closest form of selenium to food.



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## CLARIWELL

**CLARIWELL** team chooses the raw materials of the product with the utmost responsibility. They have high bioavailability and efficiency. Vitamins and minerals of natural origin are used. Active substances of plant origin have been selected, taking into account their purity, form and standardisation, in order to provide the customers with the highest quality and the best possible solution.

### CONTACTS:

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