



CLARIWELL

THYROKLER®

DIETARY SUPPLEMENT

A 100% natural product for normal thyroid gland function based on nature and science



THYROKLER[®]

100% natural and effective solution for adults for normal thyroid gland function, as well as in cases of insufficient thyroid gland function or hypothyroidism.

Ingredients: bladderwrack (*Fucus Vesiculosus L.*), selenium, zinc and L-tyrosine.

Take 1 capsule per day half an hour before meals or bedtime. It is recommended to use it with fruit juice or water, not recommended with milk. Recommended duration of use – 3 months (full course). The package contains 60 capsules.

The recommended daily dose (1 capsules) contains:

- L-tyrosine – 300 mg;
- zinc – 10 mg;
- selenium – 100 µg.
- bladderwrack leaf powder – 40 mg, including iodine – 200 µg.

Product contains substances of natural origin only.

The capsule shell does not contain gelatine of animal origin.



DO NOT USE A FOOD SUPPLEMENT TO REPLACE COMPLETE AND BALANCED NUTRITION!

Food supplement intended for adults. Do not use this food supplement if you are pregnant, breastfeeding or have hypersensitivity (allergy) to any of the ingredients. If you are taking any medication or are under the supervision of a physician, consult your physician or pharmacist before taking a food supplement.

The product is manufactured in Latvia in accordance with the quality and safety requirements of the European Union.

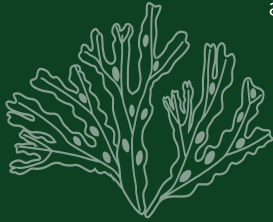
BLADDERWRACK

(*Fucus Vesiculosus* L.)

contains more vitamins and minerals than any other food product.

The three main components of bladderwrack are iodine, alginic acid and fucoidan.

Bladderwrack is particularly rich in



iodine and is used as a natural source of iodine, which is organically incorporated into cellular metabolism. The body does not produce iodine, so it is essential to consume foods that contain iodine or to take iodine with food additives or nutritional supplements. Thanks to alginic acid, bladderwrack lowers blood pressure, removes harmful radionuclides and heavy metals and weakens body intoxication. Bladderwrack effectively cleanses the body of slags and toxins, maintains the health of the endocrine system. aRecommended for hypothyroidism, blood circulation disorders, poisoning with heavy metal salts. Bladderwrack slows down the development of atherosclerosis, and reduces the level of cholesterol in the blood. Bladderwrack promotes bowel cleansing, which is used for weight loss in obese people.

SELENIUM

is an essential trace element for the synthesis and function of thyroid gland hormones; it can be considered the key to thyroid gland health. The concentration of selenium in the thyroid gland is higher than in any other organ in the body. Selenium works with iodine to activate three different selenium-dependent enzymes, which can then activate or deactivate thyroid gland hormones. Selenium deficiency is associated with hypothyroidism, Hashimoto's disease, an enlarged thyroid gland, thyroid cancer, and Graves' disease. The selenium in this product is provided in the form of selenium yeast. The proprietary raw material is natural selenium yeast from the pathogen-free and non-GMO yeast stem *Saccharomyces cerevisiae*. This yeast is able to accumulate and incorporate selenium into the protein structure during its cultivation.

FOOD SUPPLEMENT DOES NOT REPLACE A COMPLETE AND BALANCED DIET!

ZINC

is an essential element involved in many basic biochemical reactions of the thyroid gland. Zinc is crucial for the proper metabolism of thyroid gland hormones; zinc deficiency can cause a decrease in thyroid hormone levels and affect the rate of metabolism under a state of rest. Studies have shown a correlation between zinc deficiency and thyroid gland hormone levels. Zinc is necessary for the production of the hormones triiodothyronine (T3), thyroxine (T4) and thyroid-stimulating hormone (TSH). Zinc in this product is provided in the form of organic minerals – amino acid chelates, which the body can easily assimilate and use. Research shows that the patented product, which is used as a zinc raw material, is better absorbed and that zinc levels in the plasma remain higher compared to other forms of zinc – 24% better absorbed and 21% better retained in tissues than zinc oxide.

L-TYROSINE

forms proteins in the human body that are important for life; helps the body produce important enzymes; improves communication between nerve cells; helps the production of melanin, a skin pigment that helps protect the body from sunburn; participates in the production of thyroid hormones. A lack of tyrosine can cause thyroid gland dysfunction, such as hypothyroidism, as well as cause depression or increased nervousness due to impaired catecholamine synthesis.



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THYROID GLAND HEALTH CHECKLIST

Did you know that insufficient thyroid gland activity can contribute to obesity, cardiovascular disease and other health problems in the long term? Answer these 7 questions and find out if you have symptoms of hypothyroidism.

1. Do you regularly feel tired, do you go to bed faster, do you not have enough energy for daily tasks?
2. Have you noticed that your skin has become dry? It can manifest itself as a feeling of tightness; sometimes it is covered with scales or cracks, which is sometimes combined with itching and spots.
3. Have you noticed muscle weakness at rest or in the case of a very minimal load? In the muscles of the shoulders and pelvis, it manifests itself as difficulty carrying shopping items and even climbing stairs.
4. Do you have brittle hair and nails?
5. Have you noticed weight gain?
6. Do you have an increased sensitivity to cold or cold intolerance?
7. Have you noticed that your memory has deteriorated? It is harder to remember simple things that once were not difficult.

If you answered yes to **4** or more questions, it would be a good idea to check your thyroid gland health.

According to the recommendations of the Ministry of Health, for children from the age of 15 as well as for adults, the recommended amount of **of iodine** per day is **200 µg**¹.

¹ <https://www.spkc.gov.lv/lv/media/15981/download>



CLARIWELL

CLARIWELL team chooses the raw materials of the product with the utmost responsibility. They have high bioavailability and efficiency. Vitamins and minerals of natural origin are used. Active substances of plant origin have been selected, taking into account their purity, form and standardisation, in order to provide the customers with the highest quality and the best possible solution.

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about the product



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